



# MARCH 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>• BF Classes</li> <li>• BF Support Groups</li> <li>• 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>		<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}	<b>1</b> Annapolis Getting Started with Breastfeeding 5-6 pm	<b>2</b> North County Breastfeeding Support Group 9:30 am - 11:30 am	<b>3</b> Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>  North County Getting Started with Breastfeeding 5-6 pm	<b>9</b>	<b>10</b> Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> North County Breastfeeding Support Group 9:30 am - 11:30 am	<b>17</b> Annapolis Getting Started with Breastfeeding 11 am - 12 noon Annapolis Breastfeeding Support Group 9:30 am - 10:30 am	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> North County Getting Started with Breastfeeding 5-6 pm	<b>23</b>	<b>24</b> Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b> North County Getting Started with Breastfeeding 10:30 am – 11:30 am	<b>29</b>	<b>30</b>	<b>31</b> Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	



# APRIL 2017

**Maryland WIC**  
Better Nutrition Brighter Future

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2	3	4	5 Annapolis Getting Started with Breastfeeding 5-6 pm	6 North County Breastfeeding Support Group 9:30 am - 11:30 am	7 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	8
9	10	11	12 North County Getting Started with Breastfeeding 5-6 pm	13	14	15
16	17	18	19	20 North County Breastfeeding Support Group 9:30 am - 11:30 am	21 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	22
23/30	24	25 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	26	27	28	29



# MAY 2017

**Maryland WIC**  
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<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>• BF Classes</li> <li>• BF Support Groups</li> <li>• 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>				<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}		
	1	2	3	4 North County Breastfeeding Support Group 9:30 am - 11:30 am	5 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	6
7	8	9	10 North County Getting Started with Breastfeeding 5-6 pm	11	12 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	13
14	15	16	17	18 North County Breastfeeding Support Group 9:30 am - 11:30 am	19 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon Annapolis	20
21	22	23 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	24 North County Getting Started with Breastfeeding 5-6 pm	25	26 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	27
28	29 Holiday	30	31			

